

Bipartisan Policy Center & American Heart Association

Key Points

- 1 Rural voters are more likely than non-rural voters to:
 - Say easy access to medical specialists (54% vs. 33%) and access to quality health care (47% vs. 34%) is a problem in their local community.
 - Say it is difficult to access a behavioral/mental health professional in their local community (27% vs. 16%).
 - Agree distance to receive care is a barrier to receiving medical services or treatment (50% vs. 37%).
- Rural voters identify the following barriers to accessing medical services or treatment:
 - A majority of rural voters agree the cost of health care (71%), cost of prescription drugs (70%), appointment availability (56%), and distance to receive care (50%) are barriers to accessing medical services or treatment.

- Rural adults in Iowa, North Carolina and Texas are most likely to use telephone and email to reach their doctor or to receive medical care remotely
 - And, half of rural adults in Texas (55%) say they are likely to use a mobile app, if it were available to them, to reach their doctor or to receive medical care remotely.
- 4 Prioritizing rural health problems spans party lines.
 - Making it easier to access health care in rural communities is important to a strong majority of Democrats (92%), Republicans (93%), non-rural (91%), and rural (95%) voters.
- 5 Rural healthcare is poised to be a 2020 election issue.
 - Three in five voters (61%) would be more likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America, including a majority of Democrat (73%) and Republican (53%) voters.

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SLIDE / 2

Methodology

This poll was conducted between May 23 – May 25, 2019 among a national sample of 1,995 Registered Voters, and 200 rural adults in lowa, 200 rural adults in North Carolina, and 200 rural adults in Texas. The interviews were conducted online and the data were weighted to approximate a target sample of adults based on age, educational attainment, gender, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points, and results among rural adults in lowa, North Carolina, and Texas have a margin of error of plus or minus 7 percentage points.

Contents

MORNING CONSULT

1

Current Access to Health Care

2

Likelihood to use Telemedicine Technologies

3

Importance of Expanding Health Care in Rural Communities

Current Access to Health Care

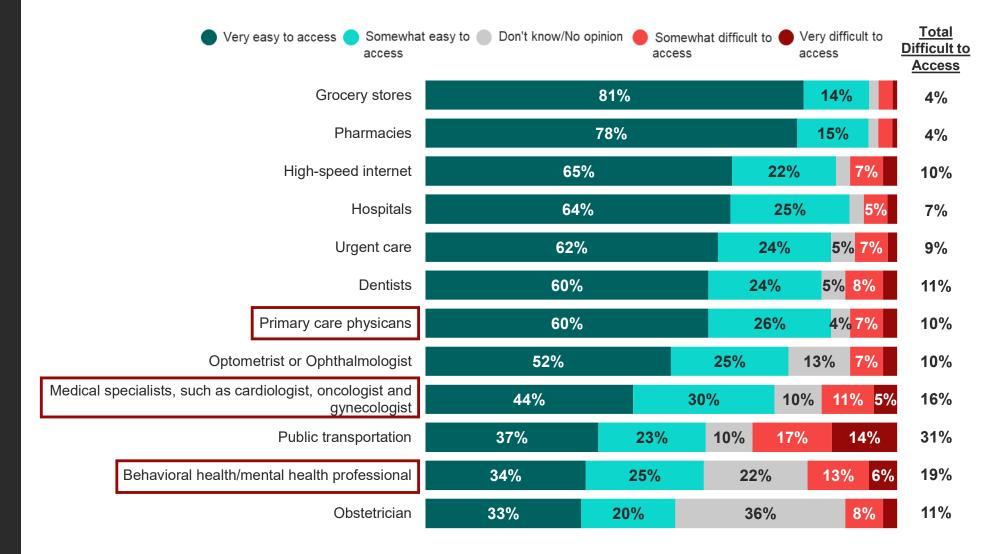
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SLIDE / 4

At least 10% of voters say it is difficult to access primary care physicians (10%), medical specialists (16%), and a behavioral or mental health professional (19%) in their local community.

Thinking about your local community, how easy or difficult is it to for you to access the following?

U.S. VOTERS



Current Access to Health Care

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SLIDE / 5

Rural voters are more likely than non-rural voters to say it is difficult to access medical specialists in their local community (26% vs. 12%), and 6% more likely to say it is difficult to access a hospital in their local community (11% vs 5%).

Thinking about your local community, how easy or difficult is it to for you to access the following?

<u>Difficult to Access Health Care Providers in Local Community Across Community Type</u>

	Voters	Non-Rural*a	Rural ^b
Pharmacies	4%	3%	6%
Hospitals	5%	5%	11% ^a
Urgent Care	9%	6%	7%
Primary care physicians	10%	8%	14% ^a
Optometrist or Ophthalmologist	10%	7%	17% ^a
Medical specialists, such as cardiologist, oncologist and gynecologist	16%	12%	26% ^a
Behavioral health/mental health professional	19%	16%	27% ^a
Obstetrician	11%	9%	17% ^a

Current Access to Health Care

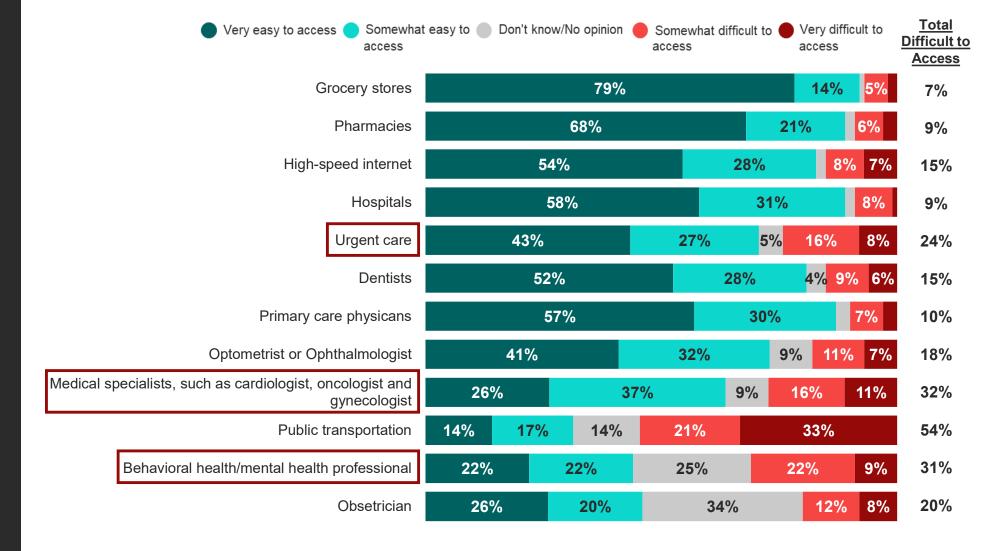
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SLIDE / 6

When thinking about their local community, at least 1 in 4 rural adults in lowa say it is difficult to access urgent care (24%), medical specialists (32%), and behavioral health/mental health professionals (31%).

Thinking about your local community, how easy or difficult is it to for you to access the following?

RURAL ADULTS IN IOWA



Current Access to Health Care in North Carolina

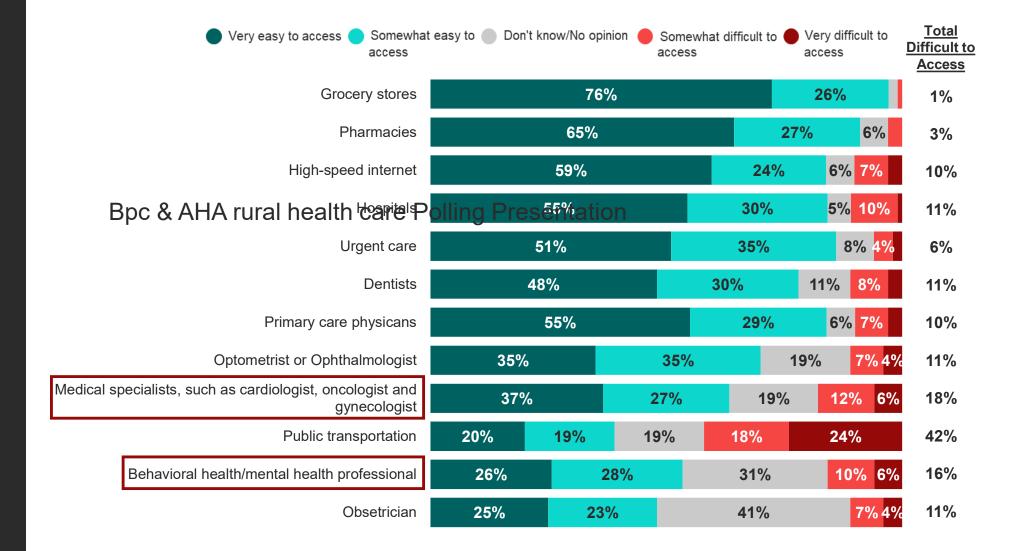
MORNING CONSULT

SLIDE / 7

Similarly, about 1 in 7 rural adults in North Carolina say it is difficult to access medical specialists (18%) and behavioral health/mental health professionals (16%) in their local community.

Thinking about your local community, how easy or difficult is it to for you to access the following?

RURAL ADULTS IN NORTH CAROLINA



Current Access to Health Care

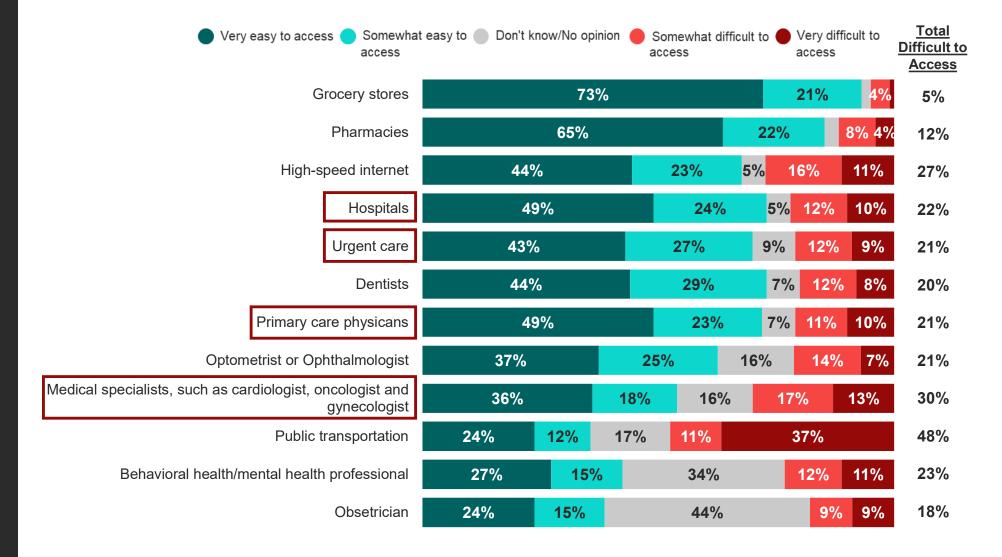
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SLIDE / 8

At least one in five rural adults in Texas say it is difficult to access hospitals (22%), urgent care (21%), primary care physicians (21%), and medical specialists (30%) in their local community.

Thinking about your local community, how easy or difficult is it to for you to access the following?

RURAL ADULTS IN TEXAS



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SLIDE / 9

Rural adults in Texas are more likely than rural adults in Iowa and North Carolina to say it is difficult to access hospitals, urgent cares, and primary care physicians in their local community.

Thinking about your local community, how easy or difficult is it to for you to access the following?

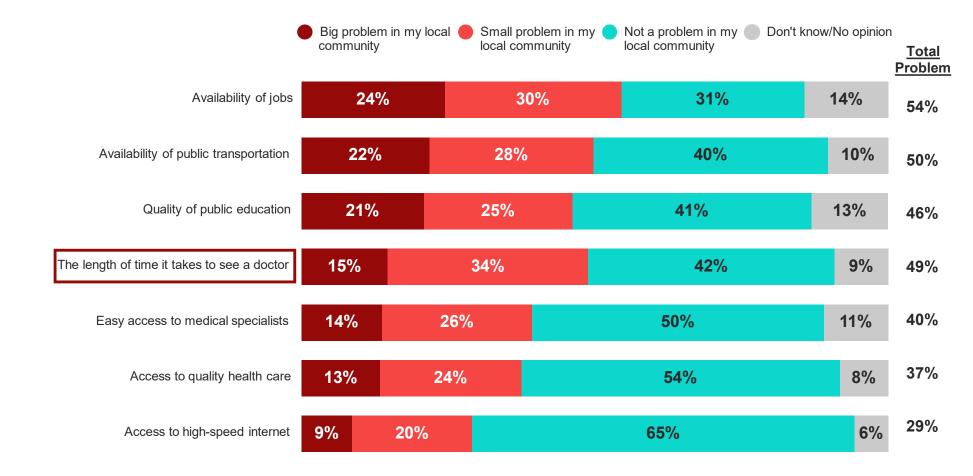
<u>Difficult to Access Health Care Providers in Local Community Across</u> <u>Rural State Oversamples</u>

	lowa ^a	North Carolina ^b	Texas ^c
Pharmacies	9% ^b	3%	12% ^b
Hospitals	9%	11%	22% ^{ab}
Urgent Care	9%	6%	21% ^{ab}
Primary care physicians	10%	10%	21% ^{ab}
Optometrist or Ophthalmologist	18%	10%	21% ^b
Medical specialists, such as cardiologist, oncologist and gynecologist	32%	18%	30% ^b
Behavioral health/mental health professional	31% ^b	16%	23%
Obstetrician	20% ^b	11%	18%

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Half of voters (49%) say the length of time it takes to see a doctor is a problem in their local community.

How much of a problem, if at all, is each of the following in your local community?



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SLIDE / 11

Rural adults are more likely than non-rural adults to say the length of time it takes to see a doctor, easy access to quality health care, and access to quality health care are a problem in their local community.

How much of a problem, if at all, is each of the following in your local community?

U.S. VOTERS

Total Problem in Local Community Across Community Type

	Voters	Non-Rural*a	Rural ^b
Availability of jobs	54%	51%	64% ^a
Availability of public transportation	50%	45%	63% ^a
Quality of public education	46%	47%	46%
The length of time it takes to see a doctor	49%	48%	53% ^a
Easy access to medical specialists	40%	33%	54% ^a
Access to quality health care	37%	34%	47% ^a
Access to high-speed internet	29%	25%	41% ^a

^{*}Non-Rural combines results from urban and suburban voters, letters indicate statistical significant differences

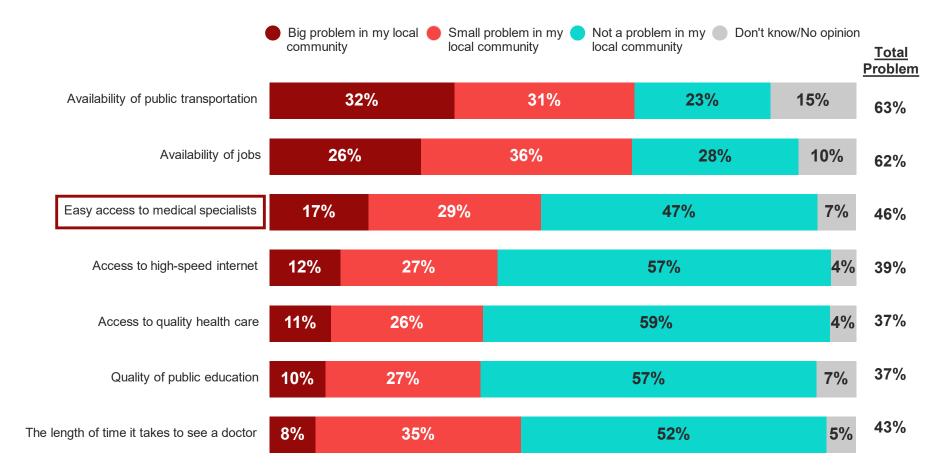
Current Access to Health Care

MORNING CONSULT

Nearly half of rural adults in Iowa (46%) say easy access to medical specialists is a problem in their local community.

How much of a problem, if at all, is each of the following in your local community?

RURAL ADULTS IN IOWA



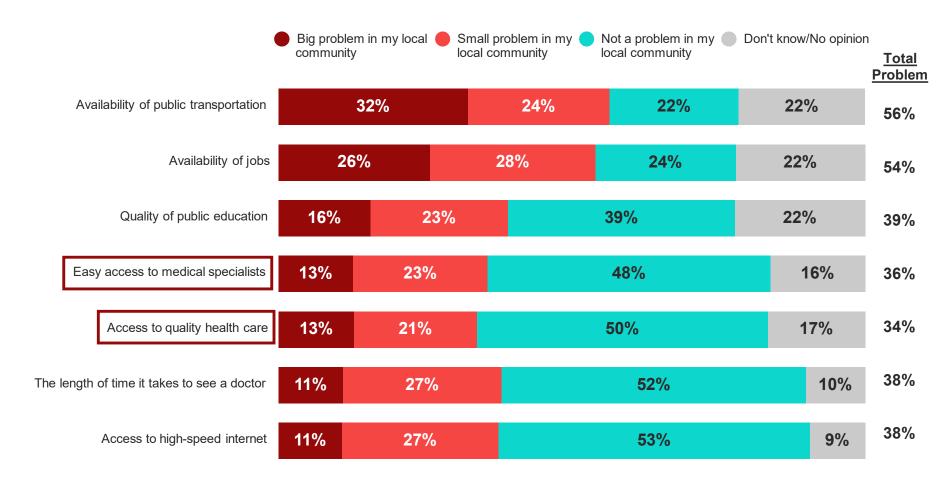
Current Access to Health Care in North Carolina

MORNING CONSULT

Similarly, about one in three rural adults in North Carolina say easy access to medical specialists (36%) and access to quality health care (34%) are a problem in their local community.

How much of a problem, if at all, is each of the following in your local community?

RURAL ADULTS IN NORTH CAROLINA



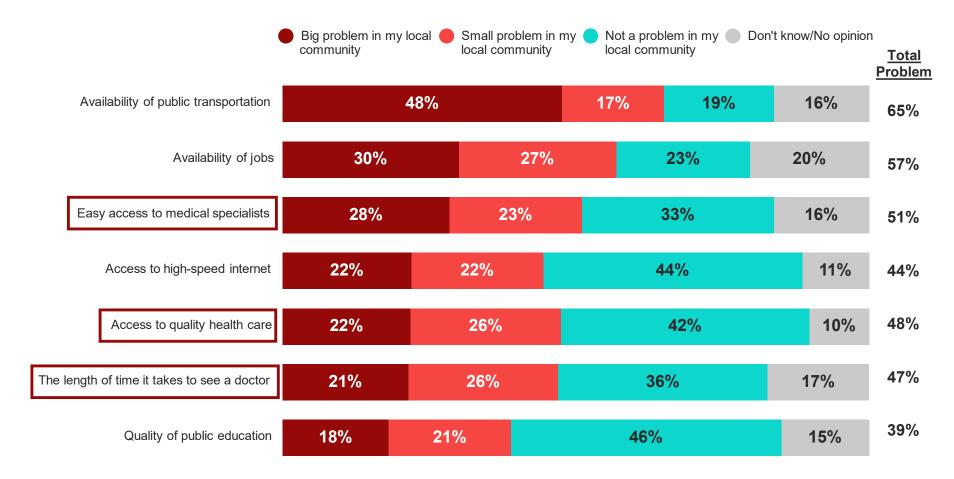
Current Access to Health Care

MORNING CONSULT

And, half of rural adults in Texas say easy access to medical specialists (51%), access to quality health care (48%), and the length of time it takes to see a doctor (47%) are problems in their local community.

How much of a problem, if at all, is each of the following in your local community?

RURAL ADULTS IN TEXAS



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SLIDE / 15

Rural adults in Texas are more likely than rural adults in Iowa and North Carolina to say access to quality health care is a problem in their local community.

How much of a problem, if at all, is each of the following in your local community?

Total Problem in Local Community Across Rural State Oversamples

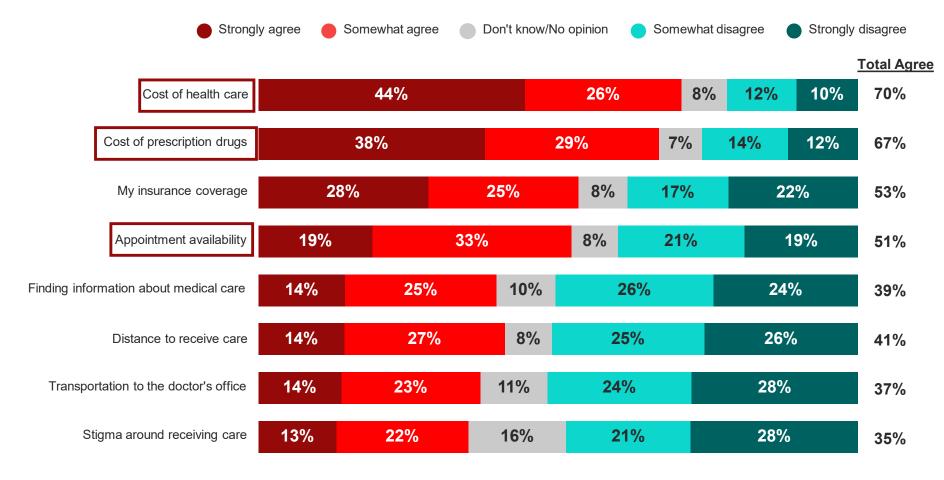
	lowa a	North Carolina	Texas c
Availability of jobs	62%	54%	57%
Availability of public transportation	63%	56%	65%
Quality of public education	37%	39%	39%
The length of time it takes to see a doctor	43%	38%	47%
Easy access to medical specialists	46%	36%	51% ^b
Access to quality health care	37%	34%	48% ^{ab}
Access to high-speed internet	39%	38%	44%

Current Access to Health Care

MORNING CONSULT

Based on their personal experiences, a majority of voters agree the cost of health care (70%), cost of prescription drugs (67%), and appointment availability (51%) are barriers to accessing medical services or treatment. And, half of voters agree appointment availability are barriers to accessing medical services or treatment.

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?



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SLIDE / 17

Rural voters are more likely than non-rural voters to agree that appointment availability and distance to receive care are barriers to receiving medical services or treatment.

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?

U.S. VOTERS

Barriers to Accessing Medical Services or Treatment Across Community Type

	Voters	Non-Rural*a	Rural ^b
Cost of health care	70%	71%	71%
Cost of prescription drugs	67%	66%	70%
My insurance coverage	53%	54%	52%
Appointment availability	51%	50%	56% ^a
Finding information about medical care	39%	40%	40%
Distance to receive care	41%	37%	50% ^a
Transportation to the doctor's office	37%	36%	39%
Stigma around receiving care	35%	34%	36%

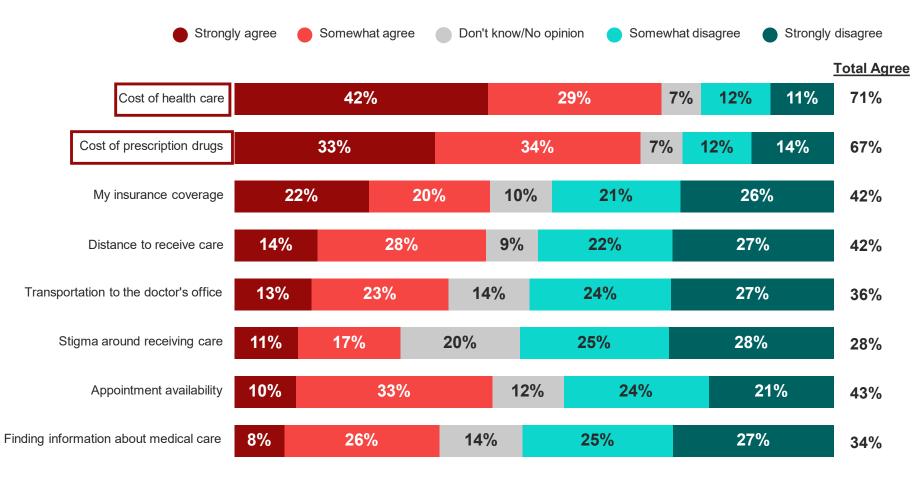
Current Access to Health Care



A majority of rural adults in lowa agree the cost of health care (71%) and cost of prescription drugs (67%) are barriers to accessing medical services or treatment.

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?

RURAL ADULTS IN IOWA



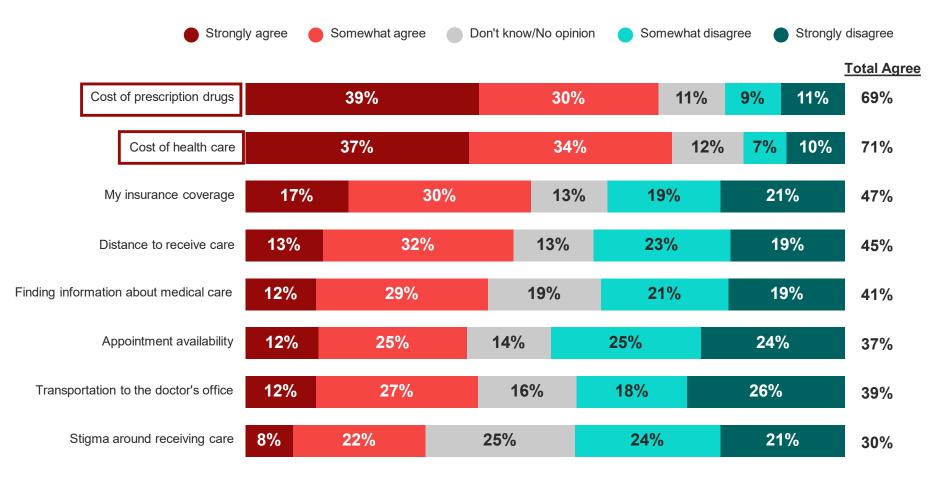
Current Access to Health Care in North Carolina

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Similarly, a majority of rural adults in North Carolina agree the cost of prescription drugs (69%) and cost of health care (71%) are barriers to accessing medical services or treatment

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?

RURAL ADULTS IN NORTH CAROLINA



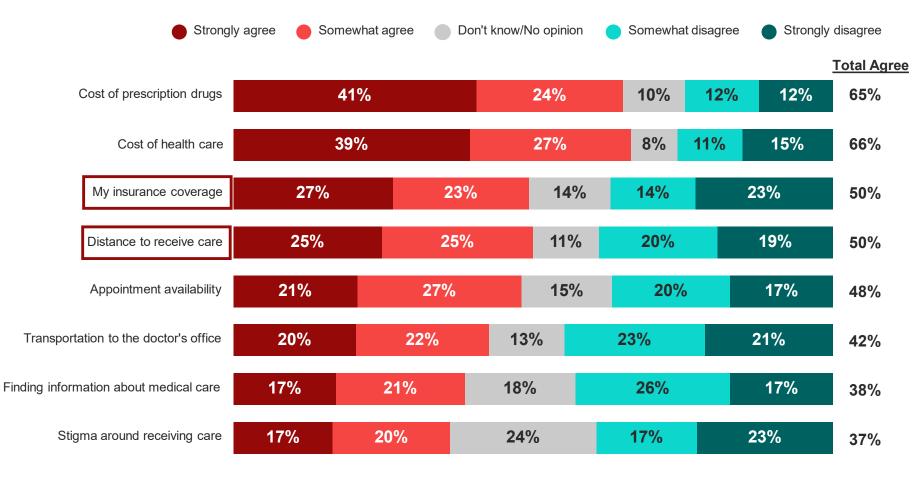
Current Access to Health Care

MORNING CONSULT

Half of rural adults in Texas agree their insurance coverage and the distance to receive care are barriers to accessing medical services or treatment.

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?

RURAL ADULTS IN TEXAS



MORNING CONSULT

SLIDE / 21

Rural adults in Texas are more likely than rural adults in North Carolina to agree that appointment availability is a barrier to accessing medical services or treatment.

Thinking about your personal experiences, do you agree or disagree that the following are barriers to accessing medical services or treatment?

Barriers to Accessing Medical Services or Treatment Across Rural State Oversamples North Iowa a Texas^c Carolina^b Cost of health care 71% 71% 66% 67% **Cost of prescription drugs** 69% 65% 42% 47% My insurance coverage 50% 43% 37% 48%^b **Appointment availability** Finding information about medical 34% 41% 38% care Distance to receive care 42% 45% 50% 36% 39% 42% Transportation to the doctor's office Stigma around receiving care 28% 30% 37%

Contents

MORNING CONSULT

1 Current Access to Health Care

2 Likelihood to use Telemedicine Technologies

Importance of Expanding Health Care in Rural Communities

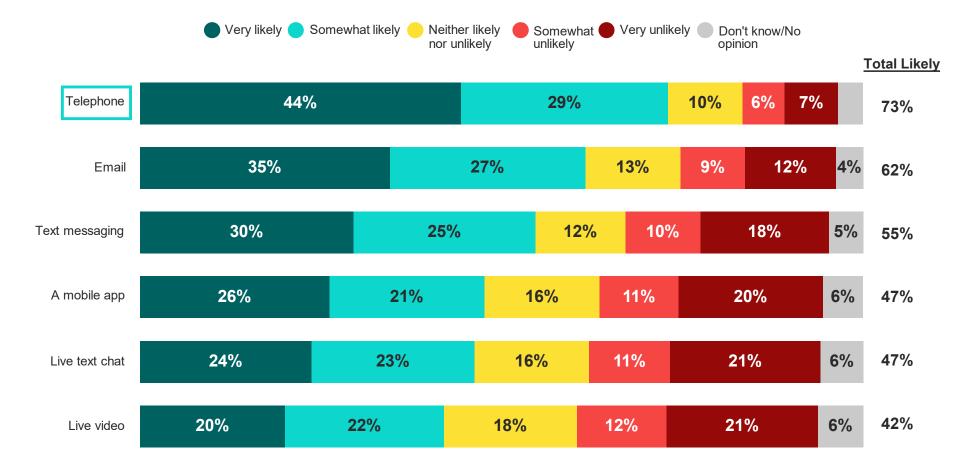
Likelihood to use Telemedicine Technologies

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SLIDE / 23

After learning about telemedicine, three in four voters are likely to use the telephone (73%) to reach their doctor or to receive medical care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar. If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?



Likelihood to use Telemedicine Technologies



SLIDE / 24

And, a majority of non-rural and rural voters would be likely to use the telephone, email, and text messaging to reach their doctor to receive medical care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar .If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?

U.S. VOTERS

<u>Likely to Use to Reach Doctor or Receive Medical Care Across Community Type</u>

	Voters	Non-Rural* ^a	Rural ^b
Telephone	73%	72%	75%
Email	62%	62%	58%
Text messaging	55%	56%	52%
A mobile app	47%	49% ^b	43%
Live text chat	47%	47%	44%
Live video	42%	44% ^b	38%

^{*}Non-Rural combines results from urban and suburban voters, letters indicate statistical significant differences

Likelihood to use Telemedicine Technologies

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A majority of rural adults in lowa would be likely to use the telephone (67%) and email (56%) to reach their doctor or to receive medical care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar. If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?

RURAL ADULTS IN IOWA



Likelihood to use Telemedicine Technologies in North Carolina

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Nearly half of rural adults in North Carolina (46%) would be *very likely* to use the telephone to reach their doctor or to receive medical care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar. If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?

RURAL ADULTS IN NORTH CAROLINA



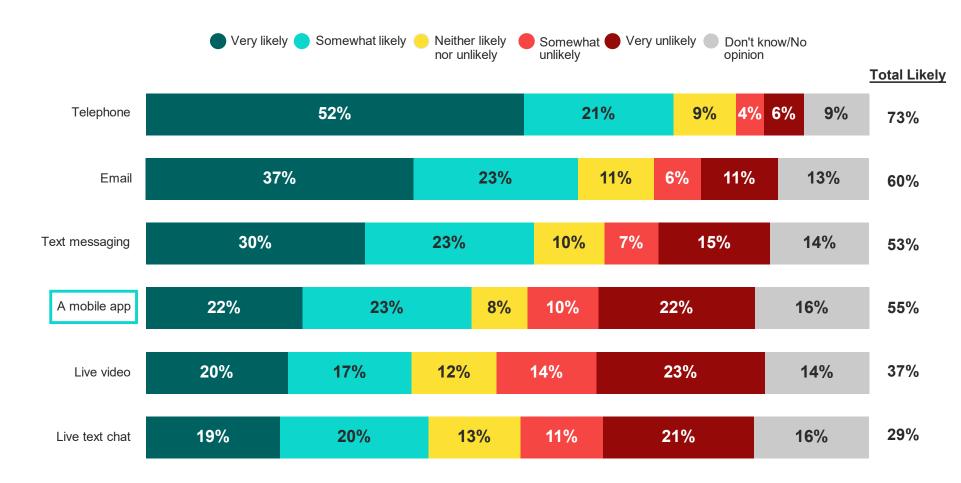
Likelihood to use Telemedicine Technologies in Texas

MORNING CONSULT

Half of rural adults in Texas (55%) are likely to use a mobile app to reach their doctor or to receive medical care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar. If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?

RURAL ADULTS IN TEXAS



Likelihood to use Telemedicine Technologies

MORNING CONSULT

SLIDE / 28

Rural adults in Texas are more likely than rural adults in Iowa and North Carolina to be likely to use a mobile app to reach their doctor or receive care remotely.

As you may know, telemedicine is the use of telecommunications to provide health care from a distance, including video chatting with doctors or medical specialists, and the remote monitoring of your blood pressure, weight or blood sugar. If available, how likely are you to use the following technologies to reach your doctor or to receive medical care?

<u>Likely to Use to Reach Doctor or Receive Medical Care Across Rural</u> <u>State Oversamples</u>

	lowa ^a	North Carolina ^b	Texas ^c
Telephone	67%	70%	73%
Email	56%	55%	60%
Text messaging	42%	51%	53% ^a
A mobile app	35%	44%	55% ^{ab}
Live text chat	35%	34%	37%
Live video	41% ^c	35%	29%

^{*}Letters indicate statistical significant differences

Contents

- ____
- MORNING CONSULT

Current Access to Health Care

2 Likelihood to use Telemedicine Technologies

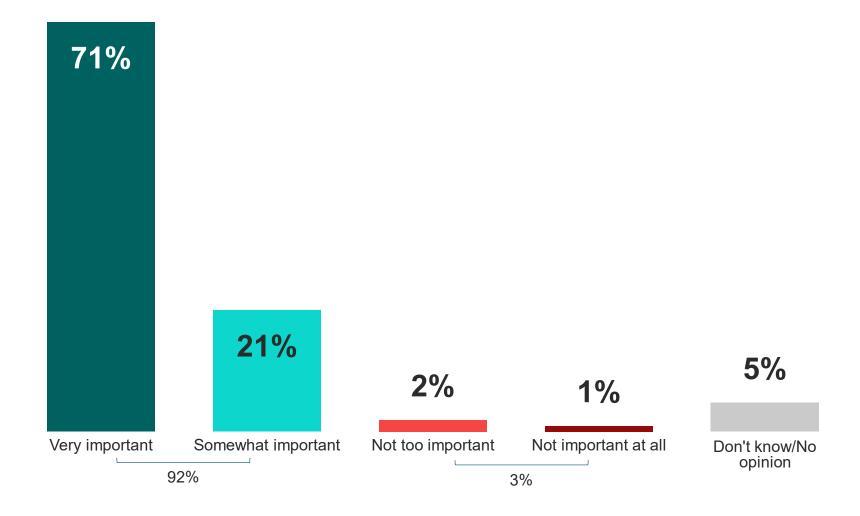
Importance of Expanding Health Care in Rural Communities

Importance of Expanding Health Care in Rural Communities

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Making it easier to access health care in rural communities across the U.S. is important to a strong majority of voters (92%).

How important is it to make it easier to access health care in rural communities across the United States?



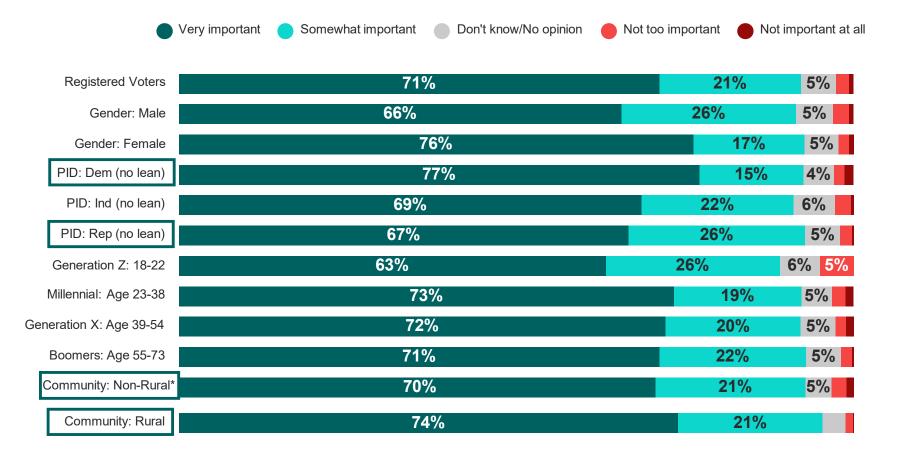
Importance of Expanding Health Care in Rural Communities

MORNING CONSULT

SLIDE / 31

And, making it easier to access health care in rural communities is important to a strong majority of Democrats (92%), Republicans (93%), non-rural (91%), and rural (95%) voters.

How important is it to make it easier to access health care in rural communities across the United States?



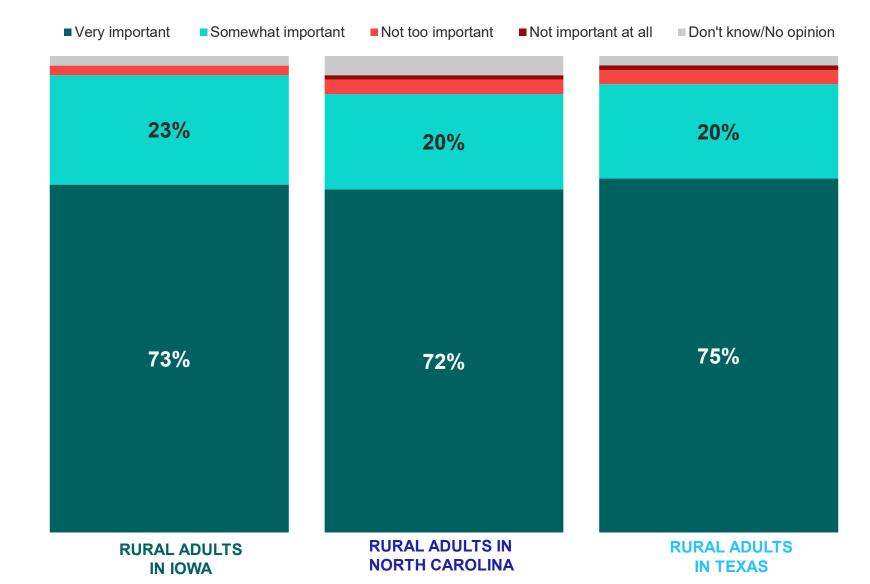
Importance of Expanding Health Care in Rural Communities

MORNING CONSULT

SLIDE / 32

Similarly, making it easier to access health care in rural communities is *very important* to three in four rural adults in Iowa (73%), North Carolina (72%), and Texas (75%).

How important is it to make it easier to access health care in rural communities across the United States?



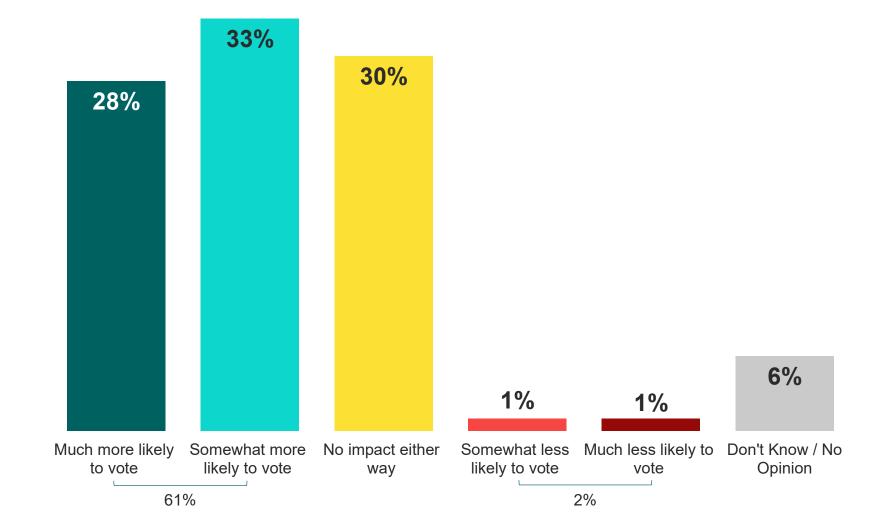
Importance of Expanding Health Care in Rural Communities

MORNING CONSULT

SLIDE / 33

Three in five voters (61%) would be more likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America.

Would you be more or less likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America, or would it have no impact on your vote either way?



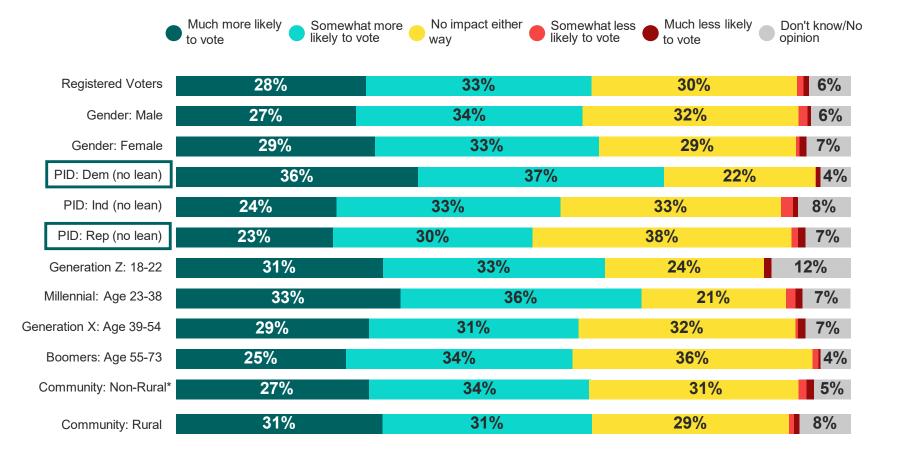
Importance of Expanding Health Care in Rural Communities

MORNING CONSULT

SLIDE / 34

And, a majority of Democrat (73%) and Republican (53%) voters would be more likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America.

Would you be more or less likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America, or would it have no impact on your vote either way?



Importance of Expanding Health Care in Rural Communities

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SLIDE / 35

A majority of rural adults in Iowa (62%) and North Carolina (55%) would be more likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America. However, it is less likely to positively impact the vote of rural adults in Texas (45%).

Would you be more or less likely to vote for a candidate in the 2020 election cycle who says he or she will address access to health care in rural America, or would it have no impact on your vote either way?

