Canada and Mexico account for over a third of all U.S. exports and over a quarter of all U.S. imports.

In 43 out of 50 States, Canada or Mexico is the 1st or 2nd largest export market.

Since NAFTA, U.S. manufacturing exports to Canada and Mexico increased 258%.

In 2014, the top five U.S. export items to NAFTA partners were:
- Motor Vehicle Parts
- Refined Petroleum Products
- Motor Vehicles
- Crude Petroleum Oil
- Machinery Parts

Increased trade increases GDP. Based on the trade growth since NAFTA's adoption, it's estimated that the U.S. is $127 billion richer annually.

Despite an overall trade deficit, the U.S. has trade surpluses in certain sectors, including the services trade (e.g., education, financial services, and telecommunications).

The U.S. services trade surplus with Canada was $43.2 billion in 2013.

The U.S. services trade surplus with Mexico was $39.5 billion in 2013.

Estimates suggest that 40% of the content of U.S. imports from Mexico and 25% of the content of U.S. imports from Canada originated in the U.S.