





ARE AMERICA'S PHYSICIANS PREPARED TO COMBAT OUR NATION'S OBESITY EPIDEMIC?

THE TROUBLESOME STATE OF NUTRITION AND PHYSICAL ACTIVITY TRAINING IN MEDICAL SCHOOL

MORE THAN 2/3 OF AMERICANS ARE OVERWEIGHT OR OBESE







Resulting In

219,999,999,999

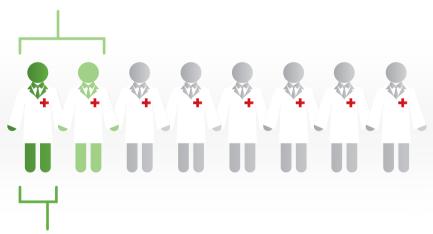
OF ANNUAL SPENDING ON OBESITY-RELATED DISEASE

NUMEROUS CLINICAL GUIDELINES RECOMMEND PHYSICIANS COUNSEL OBESE PATIENTS ON DIET AND PHYSICAL ACTIVITY





LESS THAN 1/4 OF PHYSICIANS FEEL THEY RECEIVED ADEQUATE TRAINING IN COUNSELING PATIENTS ON DIET OR PHYSICAL ACTIVITY



LESS THAN 1/8 OF MEDICAL VISITS INCLUDE COUNSELING FOR NUTRITION

FEWER THAN 30% OF MEDICAL SCHOOLS
ARE MEETING THE MINIMUM NUMBER
OF HOURS RECOMMENDED BY THE
NATIONAL ACADEMY OF SCIENCES







PHYSICIANS NEED IMPROVED TRAINING IN NUTRITION AND PHYSICAL ACTIVITY

