ARE AMERICA’S PHYSICIANS PREPARED TO COMBAT OUR NATION’S OBESITY EPIDEMIC?

THE TROUBLESOME STATE OF NUTRITION AND PHYSICAL ACTIVITY TRAINING IN MEDICAL SCHOOL

MORE THAN 2/3 OF AMERICANS ARE OVERWEIGHT OR OBESE

Resulting In

$21,000,000,000

OF ANNUAL SPENDING ON OBESITY-RELATED DISEASE

NUMEROUS CLINICAL GUIDELINES RECOMMEND PHYSICIANS COUNSEL OBESE PATIENTS ON DIET AND PHYSICAL ACTIVITY

Yet

LESS THAN 1/4 OF PHYSICIANS FEEL THEY RECEIVED ADEQUATE TRAINING IN COUNSELING PATIENTS ON DIET OR PHYSICAL ACTIVITY

LESS THAN 1/8 OF MEDICAL VISITS INCLUDE COUNSELING FOR NUTRITION

FEWER THAN 30% OF MEDICAL SCHOOLS ARE MEETING THE MINIMUM NUMBER OF HOURS RECOMMENDED BY THE NATIONAL ACADEMY OF SCIENCES

PHYSICIANS NEED IMPROVED TRAINING IN NUTRITION AND PHYSICAL ACTIVITY

Learn how by reading our white paper at: bipartisanpolicy.org/nutrition